



50 in 50 Challenge

July 19 – September 7, 2020



Frequently Asked Questions

I have limited mobility, what if I can't do 50 miles?

We want everyone to be able to participate in a way that is meaningful to you. We will work with you to come up with a substitute activity and way for you to set a goal and measure your success. [Email us](#) to brainstorm.

How do I track my miles?

You can use the health app on your phone (Apple and Samsung have their own free apps), a pedometer, or if you are using stationary equipment, by using the display provided.

Do I have to show or prove I completed all 50 miles?

We're on the honor system. You may want to keep a log for yourself, but you do not need to submit proof of completion.

How long do I have to complete 50 miles?

You have 50 days from **July 19th to September 7th** (Labor Day).

Do I have to do one mile each day?

No. You set your own pace, doing as little or as many miles each time. That means, if you typically cycle 5 miles at a time, you will reach your goal in only 10 days. It doesn't even have to be 10 days in a row.

What if I don't reach my fundraising goal?

There is no minimum to raise and your goal is set by you. We know times are uncertain, so there is no requirement to make up the difference if you don't reach your goal and your credit card will not be charged.

Can I do more than one activity to reach 50 miles?

Absolutely! This is your challenge - keep it interesting for you.

How do I collect donations?

When you register you will create your own personal fundraising page where your friends can donate directly to ASA in support of your **50 in 50 Challenge**. You can talk about what you are doing for the challenge and why. You can upload photos and video too. The page is unique to you and you can share it on social media and by email.

Can someone donate/sponsor me by check?

Yes. Have them mail a check payable to ASA, to AccessSportAmerica, 119 High Street, Acton MA 01720. ATTN: 50 in 50. Please have them write the name of the challenge participant in the memo section or include a note.

Have a question not answered here? [Email us.](#)